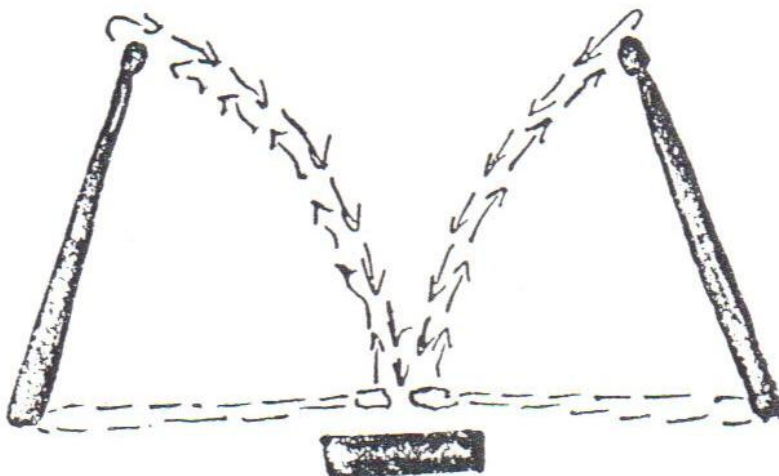
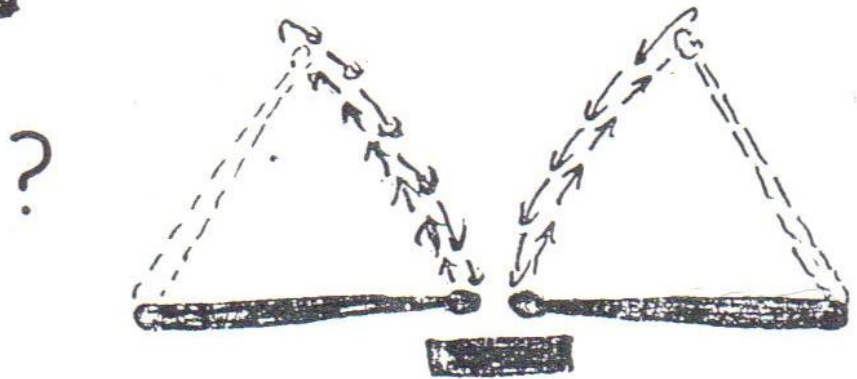
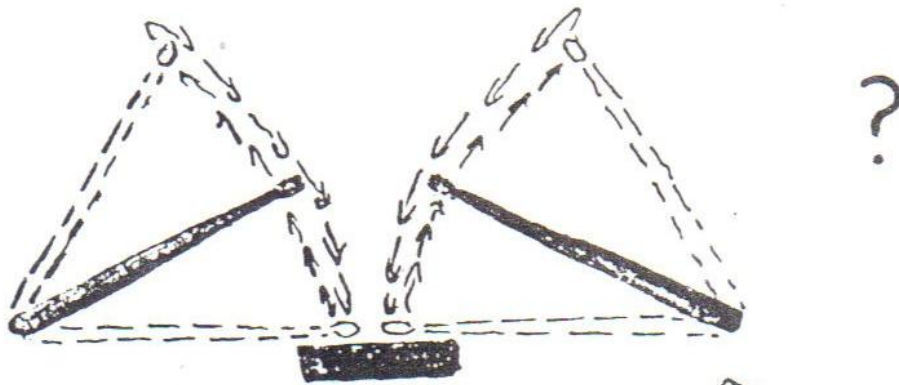


Stop at the Top

The first two diagrams represent the way many students are permitted to practice slow single-strokes. At slow tempos it means starting and stopping twice for each stroke.



Moeller and G. L. Stone taught slow single-strokes* like this last diagram. Try it. (see title)
* also double strokes-etc.

The hit, and the return, are as quick as possible, with no wasted motion at the top.
NO "WIND-UP"